

## **Woman from East London runner-up for Achievement Award**

A woman from East London who has overcome many difficulties in her determination to find employment has been chosen as runner-up for an award for achievement.

Susan Begg, aged 37 of Bow, East London, has been selected as runner-up by employment charity Tomorrow's People in its annual Awards for Achievement. The awards pay tribute to people who have overcome significant barriers in their quest to get back to work. Susan attended the awards ceremony Tuesday evening, at Plaisterers' Hall, London.

Susan achieved runner-up for the Award For Personal Achievement for those aged 25 and above. The award celebrates the achievement of individuals who have overcome personal difficulties to get into training, education or employment.

Having been forced to give up work, Susan lacked confidence in her own ability, and had little self-belief. Other problems contributed to this and left Susan feeling extremely low.

However, when Susan became involved with a programme run by employment charity Tomorrow's People, her life began to change for the better. Having expressed an interest in massage therapy, Susan enrolled on a Diploma in Holistic Massage- and is now a fully qualified practitioner. Susan has set up her own business working from home and has gained enormously in confidence. Susan's Employment adviser at Tomorrow's People has said that Susan's achievement is "an excellent example of how one can overcome the struggles of unemployment and lead to a path of success."

Whilst completing her Diploma Susan also started working as an administrator for a well-known Estate Agents- an incredible step-forward for her! Having acquired a range of new skills and overcome many of her barriers, Susan has now moved into her second position within property working for Hamletts, and is looking to approach some of the country's biggest property managers. She is also looking to enrol on a mortgage adviser course with a view to expanding her skills further still.

Tomorrow's People is a national charity, with a 23-year track record of success in helping people out of long-term unemployment, welfare dependency, and into jobs and self-sufficiency.

Since 1984, the charity has helped change the lives of more than 400,000 people across the UK who had been resigned to long-term, even life-long, unemployment.

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